

**INTEGRATED SERVICES. IMPROVED OUTCOMES.**

Everything we do as a company is with the aim of achieving the best possible results for our clients and customers. We employ the very best people, practices and processes, with a focus on improving the daily lives of Canadians.

In addition to our national network of 130 community-based Outpatient Clinics, we offer a wide range of specialized services including Hospital, Eldercare, Home Health, Independent Assessment, Occupational Therapy, Workplace, Medical and a specialized Autism facility.

Our clients are our first priority, and it shows in everything we do.

*talk to us about how we can help*

**TO ARRANGE AN APPOINTMENT OR FOR MORE INFORMATION ABOUT OUR PROGRAM, PLEASE CONTACT US**

CBI Health Group is a leading provider of co-ordinated healthcare services and practice management expertise in Canada. We work with individuals and health managers all across the country to ensure that clients receive solutions tailored to their needs. With our cohesive network of providers and services, the result is better health outcomes.



[www.cbi.ca](http://www.cbi.ca)



# COGNITIVE ASSESSMENT & TREATMENT



*solutions for clients with cognitive difficulties*

Helping people find their way back to productive living



# specialized rehabilitation

## HOW WE HELP

CBI Health Group is dedicated to meeting the needs of our community. When a person experiences a physical injury, their treatment course is usually expected and understood. When a person's illness or injury creates barriers that are cognitive or perceptual in nature, however, the rehabilitation process may be more difficult to determine.

Deficits in the following may be barriers to an injured person's productive living:

- Memory, Concentration
- Problem solving, Reasoning
- Organization, Multi-tasking
- Executive functioning
- Deciphering a figure from its background
- Following a map

CBI Health Group provides assessment and individualized treatment to address these barriers.

## ASSESSMENT SERVICES

### COGNITIVE JOB SITE ANALYSIS (JSA)

Is completed to determine the cognitive and/or perceptual skills required to perform the essential tasks of a person's job.

This job site analysis includes an assessment of the following elements:

- Physical, cognitive and perceptual demands of the job
- Job site environment
- Existing/potential modifications to assist the person in returning to work.

### COGNITIVE FUNCTIONAL ABILITIES EVALUATION (CFAE)

Is used to determine a client's level of cognitive and perceptual function. The client's abilities can be used as a baseline against which progress can be measured. In addition, the client's function can be compared and contrasted to the demands of their job.

The CFAE provides a comprehensive assessment of the following:

- Medical History
- Current function
- Physical Status (range of motion, strength, stamina, mobility)
- Cognitive function (standardized tools and observation of functional activities/work simulation activities)
- Consistency of effort

## TREATMENT SERVICES

### COGNITIVE WORK HARDENING

Is used to improve a person's cognitive level of function. Upon comparing and contrasting the demands of the person's job and their current abilities, our treatment team tailors a Cognitive Work Hardening Program, aimed at bridging the gap between the demands of the job and the abilities of the individual.

The results of this client-centered approach to care have shown great success in assisting numerous clients to return to work and productive living.

### *other services available*

Ergonomics Assessments  
Back Education Seminars  
Job Coaching Sessions  
Work Reintegration  
Lifestyle Restoration  
Physical Therapy